



# Ward round

## Checklist

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### Current state of health

- How am I basically feeling (physically, emotionally)?
  - Have there been any changes since the last time?
  - Are there any new symptoms?
  - How has the disease progression been in terms of symptoms, such as pain, dizziness, nausea, itching, body weight, difficulties in sleeping, etc.?
  - How did the prescribed medication work (including the appearance of new symptoms)?
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### Newly prescribed medication

- Is there a generic version of this medication?
  - What is the effect of the medication?
  - When will the effect occur?
  - What are the side effects with which I must reckon?
  - In which case should I discontinue the medication immediately?
  - Is the medication compatible with the other medications I take?
  - How many times a day do I have to take the medication?
  - How long do I have to take the medication?
  - Is a regular laboratory examination necessary?
  - Do I have to give up or restrict certain activities or habits (e.g. driving, sports, alcohol)?
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### Planned studies

- What exactly should be studied, and why?
- What risks are there during the implementation of the study?
- Are there alternative options for making a diagnosis?
- What is the procedure for the study?
- Who will inform me about the result?

## Diagnosis

- What does this diagnosis mean for me?
- How will the disease progress further?
- Are changes in my lifestyle necessary due to the diagnosis?
- Which therapy options exist?
- What are the advantages and risks of the different therapy options?
- Which option would my doctor choose and why?
- How likely is it that the therapy will be effective?
- What unpleasant side effects of the therapy are possible?
- Are the costs of the therapy paid by the health insurance?
- Until when do I have to decide if I want to do the therapy?

## My notes

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