



# Informational Consultation

## Checklist

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### Consultation with the surgeon or treating doctor

From the point of view of my doctor, what are the benefits and the most likely risks of the planned operation, treatment or examination?

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Can I do something to minimize the risks or side effects?

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How should I prepare for surgery, treatment or examination (e.g. being on an empty stomach, nicotine withdrawal)?

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Must I stop taking certain medications before? Which ones?

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What happens if a new finding (e.g. a tumour) is discovered during surgery or treatment?

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Should a person close to me be informed afterwards on how the treatment or surgery progressed?

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Which restrictions do I have to expect after the operation, treatment or examination?

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How long do I have to stay in the hospital afterwards?

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Should I expect ailments or limitations after leaving the hospital?

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Is rehabilitation planned after leaving the hospital? Can I do this on an outpatient basis instead of inpatient?

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Will I need medical aids? Where can I get these? Should persons close to me be instructed on the use of these?

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How long will I be unable to work?

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## Clarification before anaesthesia

Which anaesthetic procedure is planned (e. g. general anaesthesia, local anaesthesia, short anaesthesia)?

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How long does anaesthesia last?

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Which side effects of the anaesthesia should I expect?

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Will I be monitored in the recovery room, a monitoring room or the intensive care unit after surgery?  
How long?

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## My notes

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