



Planned Operation

Checklist

Intended operation and chances of success

What improvement can I expect after the operation?

What can I not expect from this operation?

What are the risks of the operation?

What, according to my doctor, is the highest risk for me?

Are there different surgical methods? Which ones?

Which limitations (e.g. pain, bed rest) should I expect after the operation?

What consequences should I expect if I don't have the operation?

Organisational questions regarding the operation

Is the operation performed on an outpatient or inpatient basis?

How long will I have to stay in the hospital after the operation?

Will I be incapable of working afterwards? For how long?

Will I need certain medical aids after the operation? Which ones?

Will I need certain therapies after the operation? Which ones? For how long?

Intervention urgency and alternative treatment methods

Would an independent and neutral second medical opinion be useful in this case
(see www.meinezweitmeinung.ch)?

Is the operation urgent or can it also be performed later?

Are there non-operative treatment options?

What chances of success exist for these treatment options?

My notes
